

Year 11

Dance



	Autumn Term		Spring Term		Summer Term	
	Autumn 1 7 weeks	Autumn 2 7 weeks	Spring 1 5 weeks	Spring 2 7 weeks	Summer 1 5 weeks	Summer 2 7 weeks
Year 11	Performance trio (Physical, Technical Skills, Expressive Skills and Mental Skills)	Choreography from a stimulus (Knowledge, Understanding and Skills for Choreography)	Choreography from a stimulus (Knowledge, Understanding and Skills for Choreography)	Shift solo phrase Breathe solo phrase (Physical, Technical Skills, Expressive Skills and Mental Skills)	Shift solo phrase Breathe solo phrase (Physical, Technical Skills, Expressive Skills and Mental Skills)	