

Sports Leadership

Course Description:

This course will provide students with the opportunity to develop their leadership skills through sport.

Year 12 students will complete the Level 3 award. This carries 16 UCAS points.

Qualifications Required:

Students will be required to commit time to accumulate leadership hours. Students must have the self motivation and discipline to commit to regular practical sessions.

Aims of the Course:

Leadership skills will be developed through completing the Sports Leader Level 3 qualification. Leadership opportunities will be provided within lesson time by coaching younger students.

Students will be required to complete a minimum of 10 hours leadership to 2 of the following groups; older people (over 50), disability and community (extra curricular coaching counts for this).

Future Prospects:

Students who complete this course could move on to a number of sport related courses at university, including Sports Science, Sport and PE, PE teacher training, Physiotherapy, Sports coaching, Sport Journalism and Personal Training to name a few.

The skills developed during the completion of this course will prove to be very valuable for future career progression. Skills such as leadership, communication, teamwork, organisation, self discipline etc will be utilised in any number of job roles.

Student Feedback:

“Enabled me to develop skills I wouldn’t have been able to develop in other lessons”.

“Made me more confident when speaking to groups”.

“I was happy with public speaking previously but this course has helped me to develop my communication skills as well as my ability to plan ahead and organise myself properly”.

Subject Teachers:

Mr Snowdon

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Features of the Course:

4 hours of contact time per fortnight:

2 hours of Sports Leader Award training.

2 hours coaching younger students in PE lessons.

The Level 3 award will require students to complete leadership hours outside of curriculum time.

In addition there will be opportunities to carry out leadership within local schools' tournaments and festivals.

Students will be required to pay for the Sports Leader Award courses.

The current price of the Sports Leadership Level 3 qualification is £56.50 per learner.

Students will also be expected to purchase a Mark Rutherford branded jacket and polo shirt. The cost of these items will be approximately £40.