

# Sports Academy: Football

## Course Description:

This course will provide students with the opportunity to continue playing football whilst studying, and will allow for students to develop their football ability.

## Qualifications Required:

Students will need to have an interest in enhancing their football ability, including practical ability and tactical understanding. Students will be required to commit to the course in full.

## Aims of the Course:

The main purpose of the course is to improve the football ability of the students. This will occur through regular training sessions and competitive fixtures (within District, County & National competitions). The course will consist of a full season of training which will incorporate football specific sessions, along with football specific fitness sessions and exercises.

The course will also offer the opportunity for students to complete specific football qualifications such as a football referee course and/or a football coaching course (there will be some cost to these).

## Future Prospects:

This option supports students in playing football to a competitive level at U18 level. Additionally, it will offer students the opportunities to work on the leadership and coaching skills, whilst improving tactical knowledge, these skills could support students in accessing work within sport. For example as a sports coach, PE teacher, sports scientist or analyst.

## Student Feedback:

“Enabled me to develop skills I wouldn’t have been able to develop in other lessons”.

“The expertise of the Saints coaches have meant I’ve improved my fitness whilst enjoying the sessions”.

## Subject Teachers:

Mr Taylor

## Features of the Course:

The Sports Academy will be made up of Year 12 and Year 13 students and will consist of five lessons per fortnight. The majority of the five lessons will be practical based (all of which will take place on the 3G) although there may be some theory lessons where the focus is on a tactical understanding (completed in a classroom).

Please note there will be a limit of 24 students on the course and a trial will be held to select students if required which will take place during June/July.