

# Bedford Borough Flow Chart for Asymptomatic LFD Home Testing for Secondary-aged Students.

## Guidance For Parents/Carers & Students. From March 03<sup>rd</sup> 2021



*Read through the NHS Test & Trace booklet:  
Your step-by-step guide for Covid-19 self-testing  
given to you with your test kits*



Has anyone in your household developed symptoms of COVID-19: new continuous cough (coughing frequently for more than an hour, or 3 or more coughing episodes in 24 hours) and/or high temperature and/or a loss of, or change in, normal sense of taste or smell (anosmia).

**NO**

**YES**

**Student to take a rapid LFD Home Test.**

**This should be done:**

- ✓ twice weekly
- ✓ 3-4 days apart
- ✓ in the morning before they leave for school.
- ✓ Student aged 11 must have the swab taken by their parent/carer
- ✓ Students aged 12-17 year olds can self-test and report with adult supervision
- ✓ Students aged 18 and over can self test and report themselves.

Click here to see How to do an LFD Test

[www.gov.uk/covid19-self-test-help](http://www.gov.uk/covid19-self-test-help)

Set a timer for 30 minutes and read the test result at 30 minutes (**not before or after**).

Tell the school/college the result (as instructed by your school/college).  
**School will submit LA Form if positive**

Log your result online at [www.gov.uk/report-covid19-result](http://www.gov.uk/report-covid19-result)  
(or by phone 119 if no internet available).

**NEGATIVE**  
LFD TEST RESULT

**VOID**  
LFD TEST RESULT

**POSITIVE**  
LFD TEST RESULT

**CAUTION**  
Student can go to school/college as normal and continue to take current precautions. The test did not detect COVID-19 but rapid tests miss some infections. **A negative test does not rule out coronavirus infection.**

If 1<sup>st</sup> void result: repeat using a new LFD test kit.  
If 2<sup>nd</sup> test result is void: book a PCR test and inform the school/college. Student does **NOT** need to self-isolate unless PCR is positive.

Student should **NOT** take an LFD Test and **NOT** go to the setting. Book a standard PCR test as soon as possible for anyone in your household with symptoms. This can be done online at: [www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus).

**Please do not let anyone from your household go into school/college or work until the test result is known.**

Alternatively a test can be ordered by phone on NHS 119 for those without the internet.

**Positive Result**  
**Inform the school.**

Student and their household must self-isolate for 10 days from start of symptoms or date of LFD test as per Government guidelines.

**Negative Result**

Student can return to school/college and their household can stop isolating. Restart twice weekly LFD home testing.

**Book a PCR test asap online at [www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus) or 119. Student and their household must self-isolate whilst waiting for the result.**

- LFD test = Lateral Flow Device tests are rapid tests that can be used at home and the result is available after 30 minutes
- PCR test = polymerase chain reaction test that can be booked online and is sent to a lab for the result.
- LFD tests are used for identifying Covid-19 infection where there are no symptoms and should **not** be used if you have any symptoms.
- LFD tests are safe to use in pregnancy.
- If you have had a Covid-19 vaccination you should still take part in the LFD testing as you may still transmit the virus.
- If you have been identified as a close contact of a positive case, a negative LFD test does not mean you can stop isolating.
- If you have had a recent nosebleed, or have a nose piercing use the other nostril to swab for the LFD test.
- If you have recently (within 90 days) had a positive PCR test for COVID-19 you are exempt from testing by both PCR and LFD within 90 days of a positive PCR test result, unless you develop new symptoms. Individuals may choose to take a LFD test after the isolation period.