Spring term menu



WEEK 1 and 4 w/c 18th MARCH

WEEK 1 and 4	w/c 18 th MARCH	
DAY	LUNCH	LUNCH alternatives
	Shepherds Pie	Salads and Jacket potatoes
MON	Butternut squash stew (V) (vegan)	Sandwiches, rolls and cold pasta
	Mash potato, peas and cauliflower	Hot plate selection
	Iced biscuits	A selection of fruit, cakes & biscuits
	Sweet and sour chicken	Salads and Jacket potatoes
TUE	Cauliflower curry (V) (vegan)	Sandwiches, rolls and cold pasta
	Rice, roasted courgettes and swede	Hot plate selection
	Apple tart	A selection of fruit, cakes & biscuits
	Roast Topside of beef	Salads and Jacket potatoes
WED	Savoury lentil pie (V)	Sandwiches, rolls and cold pasta
	Roast potatoes, carrots, green beans	Hot plate selection
	Strawberry shortbread	A selection of fruit, cakes & biscuits
	Pork Stroganoff	Salads and Jacket potatoes
THU	Quorn chilli (V)	Sandwiches, rolls and cold pasta
	baby potatoes, sweetcorn and broccoli	Hot plate selection
	Steamed sponge and custard	A selection of fruit, cakes & biscuits
	Crispy battered fish	Salads and Jacket potatoes
FRI	Vegetable sausages (V) (vegan)	Sandwiches, rolls and cold pasta
	Chips, peas and beans	Hot plate selection
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	Rice pudding	A selection of fruit, cakes & biscuits
WEEK 2 and 5	w/c 25 TH MARCH	A selection of fruit, cakes & biscuits
WEEK 2 and 5 DAY	 	LUNCH alternatives
	w/c 25 TH MARCH	
	w/c 25 TH MARCH LUNCH	LUNCH alternatives
DAY	w/c 25 TH MARCH LUNCH Lasagne	LUNCH alternatives Salads and Jacket potatoes
DAY	W/c 25 TH MARCH LUNCH Lasagne Cheesy bean bake (V)	LUNCH alternatives Salads and Jacket potatoes Sandwiches, rolls and cold pasta
DAY	W/c 25 TH MARCH LUNCH Lasagne Cheesy bean bake (V) Diced potatoes, cabbage and sweetcorn	LUNCH alternatives Salads and Jacket potatoes Sandwiches, rolls and cold pasta Hot plate selection
DAY	W/c 25 TH MARCH LUNCH Lasagne Cheesy bean bake (V) Diced potatoes, cabbage and sweetcorn Toffee apple pudding, custard	LUNCH alternatives Salads and Jacket potatoes Sandwiches, rolls and cold pasta Hot plate selection A selection of fruit, cakes & biscuits
MON	W/c 25 TH MARCH LUNCH Lasagne Cheesy bean bake (V) Diced potatoes, cabbage and sweetcorn Toffee apple pudding, custard Beef Jerk curry	LUNCH alternatives Salads and Jacket potatoes Sandwiches, rolls and cold pasta Hot plate selection A selection of fruit, cakes & biscuits Salads and Jacket potatoes
MON	LUNCH Lasagne Cheesy bean bake (V) Diced potatoes, cabbage and sweetcorn Toffee apple pudding, custard Beef Jerk curry stuffed peppers (V) (vegan)	LUNCH alternatives Salads and Jacket potatoes Sandwiches, rolls and cold pasta Hot plate selection A selection of fruit, cakes & biscuits Salads and Jacket potatoes Sandwiches, rolls and cold pasta
MON	LUNCH Lasagne Cheesy bean bake (V) Diced potatoes, cabbage and sweetcorn Toffee apple pudding, custard Beef Jerk curry stuffed peppers (V) (vegan) Rice, cauliflower and green beans	LUNCH alternatives Salads and Jacket potatoes Sandwiches, rolls and cold pasta Hot plate selection A selection of fruit, cakes & biscuits Salads and Jacket potatoes Sandwiches, rolls and cold pasta Hot plate selection
MON	LUNCH Lasagne Cheesy bean bake (V) Diced potatoes, cabbage and sweetcorn Toffee apple pudding, custard Beef Jerk curry stuffed peppers (V) (vegan) Rice, cauliflower and green beans Cornflake tart	LUNCH alternatives Salads and Jacket potatoes Sandwiches, rolls and cold pasta Hot plate selection A selection of fruit, cakes & biscuits Salads and Jacket potatoes Sandwiches, rolls and cold pasta Hot plate selection A selection of fruit, cakes & biscuits
MON	LUNCH Lasagne Cheesy bean bake (V) Diced potatoes, cabbage and sweetcorn Toffee apple pudding, custard Beef Jerk curry stuffed peppers (V) (vegan) Rice, cauliflower and green beans Cornflake tart Herb roasted chicken fillet	LUNCH alternatives Salads and Jacket potatoes Sandwiches, rolls and cold pasta Hot plate selection A selection of fruit, cakes & biscuits Salads and Jacket potatoes Sandwiches, rolls and cold pasta Hot plate selection A selection of fruit, cakes & biscuits Salads and Jacket potatoes
MON	LUNCH Lasagne Cheesy bean bake (V) Diced potatoes, cabbage and sweetcorn Toffee apple pudding, custard Beef Jerk curry stuffed peppers (V) (vegan) Rice, cauliflower and green beans Cornflake tart Herb roasted chicken fillet Beetroot & red onion casserole (V) (vegan)	LUNCH alternatives Salads and Jacket potatoes Sandwiches, rolls and cold pasta Hot plate selection A selection of fruit, cakes & biscuits Salads and Jacket potatoes Sandwiches, rolls and cold pasta Hot plate selection A selection of fruit, cakes & biscuits Salads and Jacket potatoes Sandwiches, rolls and cold pasta
MON	LUNCH Lasagne Cheesy bean bake (V) Diced potatoes, cabbage and sweetcorn Toffee apple pudding, custard Beef Jerk curry stuffed peppers (V) (vegan) Rice, cauliflower and green beans Cornflake tart Herb roasted chicken fillet Beetroot & red onion casserole (V) (vegan) Roast potatoes, carrots and brussels	LUNCH alternatives Salads and Jacket potatoes Sandwiches, rolls and cold pasta Hot plate selection A selection of fruit, cakes & biscuits Salads and Jacket potatoes Sandwiches, rolls and cold pasta Hot plate selection A selection of fruit, cakes & biscuits Salads and Jacket potatoes Sandwiches, rolls and cold pasta Hot plate selection Hot plate selection
MON	LUNCH Lasagne Cheesy bean bake (V) Diced potatoes, cabbage and sweetcorn Toffee apple pudding, custard Beef Jerk curry stuffed peppers (V) (vegan) Rice, cauliflower and green beans Cornflake tart Herb roasted chicken fillet Beetroot & red onion casserole (V) (vegan) Roast potatoes, carrots and brussels Chocolate toothpaste	LUNCH alternatives Salads and Jacket potatoes Sandwiches, rolls and cold pasta Hot plate selection A selection of fruit, cakes & biscuits Salads and Jacket potatoes Sandwiches, rolls and cold pasta Hot plate selection A selection of fruit, cakes & biscuits Salads and Jacket potatoes Sandwiches, rolls and cold pasta Hot plate selection A selection of fruit, cakes & biscuits
MON TUE	LUNCH Lasagne Cheesy bean bake (V) Diced potatoes, cabbage and sweetcorn Toffee apple pudding, custard Beef Jerk curry stuffed peppers (V) (vegan) Rice, cauliflower and green beans Cornflake tart Herb roasted chicken fillet Beetroot & red onion casserole (V) (vegan) Roast potatoes, carrots and brussels Chocolate toothpaste Lamb casserole	LUNCH alternatives Salads and Jacket potatoes Sandwiches, rolls and cold pasta Hot plate selection A selection of fruit, cakes & biscuits Salads and Jacket potatoes Sandwiches, rolls and cold pasta Hot plate selection A selection of fruit, cakes & biscuits Salads and Jacket potatoes Sandwiches, rolls and cold pasta Hot plate selection A selection of fruit, cakes & biscuits Salads and Jacket potatoes Salads and Jacket potatoes

A selection of fruit, cakes & biscuits

Marble sponge and custard

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	Crispy battered fish	Salads and Jacket potatoes
FRI	Vegetable sausages (V) (vegan)	Sandwiches, rolls and cold pasta
	Chips, peas and beans	Hot plate selection
	Rice pudding	A selection of fruit, cakes & biscuits
WEEK 3 and 6	w/c 11 th MARCH	
DAY	LUNCH	LUNCH alternatives
	Meatballs in tomato sauce	Salads and Jacket potatoes
MON	Red pepper bolognaise (V) (vegan)	Sandwiches, rolls and cold pasta
	Spaghetti, broccoli and carrots	Hot plate selection
	Bakewell tart	A selection of fruit, cakes & biscuits
	Lamb Curry	Salads and Jacket potatoes
TUE	Bean chilli (V) (vegan)	Sandwiches, rolls and cold pasta
	Rice, cabbage and sweetcorn	Hot plate selection
	Syrup sponge and custard	A selection of fruit, cakes & biscuits
	Roast pork fillet	Salads and Jacket potatoes
WED	Vegetable and bean stew (V) (vegan)	Sandwiches, rolls and cold pasta
	Roast potatoes, green beans and swede	Hot plate selection
	Apple crumble and custard	A selection of fruit, cakes & biscuits
	Mediterranean chicken stew	Salads and Jacket potatoes
THU	Ratatouille (V) (vegan)	Sandwiches, rolls and cold pasta
	Boiled potatoes, brussels and carrots	Hot plate selection
	Custard tart	A selection of fruit, cakes & biscuits
	Crispy battered fish	Salads and Jacket potatoes
FRI	Vegetable sausages (V) (vegan)	Sandwiches, rolls and cold pasta
	Chips, peas and beans	Hot plate selection
	Rice pudding	A selection of fruit, cakes & biscuits

Information

(V) = vegetarian Vegan dishes are noted

Lunch is served from the main counter and comes with a carb and up to 2 veg.

Salads, sandwiches, rolls, cold pasta, fruit, cakes and biscuits are all served from the express counter. Sandwich and roll fillings include chicken salad, chicken mayo, ham salad, cheese, egg mayo.

Hot plate selection items; pizza slices, burgers and samosas.

Jacket potatoes are served from the jacket potato window. Toppings include tuna, cheese, beans and salad.