



|             | Jacket Potatoes  | Main Counter   | Vegetarian  | Hot Express   | B Block   |
|-------------|--|--|---|---|---|
| Mon         | Tuna mayo(F,E),<br>Cheese(M) (V),<br>Beans (Ve)            | Lasagne (G,M)<br>Garlic bread (G) (Ve)<br>Roasted peppers (Ve)             | Roast veg ratatouille (Ve)<br>Garlic bread (G) (Ve)<br>Roasted peppers (Ve)         | Chicken tenders (G,C)<br>Samosas (G) (Ve),<br>Meat patties(G)                         | Chicken tenders (G,C)<br>Sandwiches, rolls, cold pastas,<br>biscuits, fruit salad,<br>homemade cakes.           |
| Tue         | Tuna mayo(F,E),<br>Cheese(M) (V),<br>Beans (Ve)            | Chicken curry<br>Rice (Ve)<br>Green beans (Ve)<br>swede (Ve)               | Cauliflower curry (Ve)<br>Rice (Ve)<br>Green beans (Ve)<br>swede (Ve)               | Cheese & bacon panini (G,M)<br>(V available)<br>Samosas (G) (Ve),<br>Meat patties (G) | Cheese & bacon panini (G,M)<br>Sandwiches, rolls, cold pastas,<br>biscuits, fruit salad,<br>homemade cakes.     |
| Wed         | Tuna mayo(F,E),<br>Cheese(M) (V),<br>Beans (Ve)            | Roast Pork<br>Roast Potatoes (Ve)<br>Broccoli (Ve)<br>Roasted carrots (Ve) | Vegan sausages (Ve)<br>Roast potatoes (Ve)<br>Broccoli (Ve)<br>Roasted carrots (Ve) | Jerk chicken rice bowl (G)<br>Samosas (G) (Ve),<br>Meat patties(G)                    | Jerk chicken rice bowl(G)<br>Sandwiches, rolls, cold pastas,<br>biscuits, fruit salad,<br>homemade cakes.       |
| Thu         | Tuna mayo(F,E),<br>Cheese(M) (V),<br>Beans (Ve)            | Sausage plait (C,M,G)<br>Mash (M) (V)<br>Cabbage (Ve)<br>Cauliflower (Ve)  | Vegan saus roll (So) (Ve)<br>Mash (Ve)<br>Cabbage (Ve)<br>Cauliflower (Ve)          | Chilli cheese fries(G,M)<br>Samosas (G) (Ve)<br>meat patties(G)                       | Chilli cheese fries (G,M)<br>Sandwiches, rolls, cold pastas,<br>biscuits, fruit salad,<br>homemade cakes.       |
| Fri         | Tuna mayo(F,E),<br>Cheese(M) (V),<br>Beans (Ve)            | Battered fish or sausage (G,F)<br>Chips (Ve)<br>Peas (Ve)<br>Beans (Ve)    | Veggie burger (G) (Ve)<br>Chips (Ve)<br>Peas (Ve)<br>Beans (Ve)                     | Chilli beef & cheese wrap<br>(G,M)<br>Samosas (G) (Ve)<br>meat patties(G)             | Chilli beef & cheese wrap<br>(G,M) Sandwiches, rolls, cold<br>pastas, biscuits, fruit salad,<br>homemade cakes. |
| Allergy Key | C = Celery<br>G = Cereals cont. Gluten<br>Cr = Crustaceans | E = Eggs<br>F = Fish<br>L = Lupin  | M = Milk<br>Mo = Molluscs<br>Mu = Mustard   | N = Nuts<br>P = Peanuts<br>Se = Sesame  | So = Soyabeans<br>SD = Sulphur Dioxide  |