

# Mark Rutherford PSHE Ground Rules

## 1. Openness

We'll be open and honest, but not discuss our own or others' personal / private lives directly. Discussing general situations as examples, we won't use names or descriptions which could identify anyone. We won't put anyone 'on the spot'.

## 2. Keep the conversation in the room

We feel safe discussing topics that arise in the PSHE classroom. Our teacher won't repeat what's said in the classroom unless they're concerned, in which case they'll follow the school's safeguarding policy.

## 3. Non-judgmental approach

It is okay for us to disagree with another person's point of view, but we will not judge, make fun of, or put anybody down. We will 'challenge the opinion, not the person'.

## 4. Make no assumptions

We won't make assumptions about people's values, attitudes, behaviours, life experiences or feelings.

## 5. Right to pass

Taking part is important. However, we have the right to pass on answering a question or participating in an activity.

## 6. Listen to others

We will listen to the other person's point of view and expect to be listened to.

## 7. Using language

We will use the correct terms for the things we will be discussing rather than the slang terms, as they can be offensive. If we are not sure what the correct term is we will ask our teacher.

## 8. Asking questions

We know that there are no stupid questions. We do not ask questions to deliberately try to embarrass anyone else. There is a question box for anonymous questions.

## 9. Seeking help and advice

If we need further help or advice, we know how and where to seek it confidentially, both in school, with our friends and family and in the community. We will encourage friends to seek help if we think they need it.