

Sixth Form Wider Reading: A Level Psychology

Unit 1

Social Influence, memory, attachment and psychopathology

- The Milgram Experiment: The History and Legacy of the Controversial Social Psychology Experiment by Charles River Editors.
- In Defence of Looting: A Riotous History of Uncivil Action by Vicky Osterweil.
- Obedience to Authority: An Experimental View by Stanley Milgram.
- The Lost Boys: Inside Muzafer Sherif's Robbers Cave Experiment.
- Essentials of Human Memory by Alan Baddeley.
- The Seven Sins of Memory: How the Mind Forgets and Remembers by Daniel L. Schacter.
- Still Alice by Lisa Genova.
- The End of Memory: A Natural History of Aging and Alzheimer's by Jay Ingram.
- The Notebook by Nicholas Sparks.
- A Secure Base by John Bowlby.
- The Psychopath Test: A Journey Through the Madness Industry by Jon Ronson.
- Saving Normal: An Insider's Revolt Against Out-of-Control Psychiatric Diagnosis, DSM-5, Big Pharma, and the Medicalization of Ordinary Life by Allen Frances.
- The Book of Woe: The DSM and the Unmaking of Psychiatry by Gary Greenberg.
- The Bell Jar by Sylvia Plath.
- Turtles All the Way Down by John Green.
- The Great Pretender: The Undercover Mission That Changed Our Understanding of Madness by Susannah Cahalan.

Unit 2

Approaches and Biopsychology

- The Human Brain Book: An Illustrated Guide to its Structure, Function, and Disorders by Rita Carter.
- Behave: The Biology of Humans at Our Best and Worst by Robert M. Sapolsky.
- T: The Story of Testosterone, the Hormone that Dominates and Divides Us by Carole Hooven.
- Learning and Behaviour by Paul Chance.
- Psychology Classics All Psychology Students Should Read: The Bobo Doll Experiment by Albert Bandura, Dorothea Ross and Sheila Ross.
- Five Minute Phobia Cure: Dr. Callahan's Treatment for Fears, Phobias, and Self-Sabotage by Roger Callahan.
- Phobophobia by Dean M. Drinkel.
- Assassination Generation: Video Games, Aggression and the Psychology of Killing by Dave Grossman.

Research Methods

- Research Methods in Psychology: A Beginner's Guide by Saul McLeod.
- Research Methods For Dummies by Martin Dempster and Donncha Hanna.
- The Student Survival Guide for Research Methods in Psychology by Ross A. Seligman and Lindsay A. Mitchell.
- Easy Statistics in Psychology: A BPS Guide by Mark Forshaw.

Unit 3

Issues and Debates

- Ethics In Psychology: A Psychology Student's and Professional's Guide to Ethical Research" by Connor Whiteley.
- Ethical Issues in Psychology by Philip Banyard and Cara Flanagan.
- Is Psychology a Science? by Michael W. Eysenck.

Schizophrenia

- I Never Promised You a Rose Garden by Joanne Greenberg.
- The Eden Express: A Memoir of Insanity by Mark Vonnegut.
- A Beautiful Mind by Sylvia Nasar.
- The Center Cannot Hold by Elyn R. Saks.

Gender

- The Gendered Brain: The New Neuroscience That Shatters the Myth of the Female Brain by Gina Rippon.
- Delusions of Gender: How Our Minds, Society, and Neurosexism Create Difference by Cordelia Fine.

Forensic Psychology

- Why Do People Commit Crime? by Alex Woolf.
- Mindhunter: Inside the FBI's Elite Serial Crime Unit by John E. Douglas and Mark Olshaker.
- The Silence of the Lambs by Thomas Harris.
- In Cold Blood by Truman Capote.
- Without Conscience: The Disturbing World of the Psychopaths Among Us by Robert D. Hare.

Podcasts and radio

[Mind Changers](#) – A BBC podcast exploring the development of psychology as a science.

[All in the Mind](#) – A BBC podcast which discusses how we think, feel and behave.

[Woman's Hour](#) – A BBC radio programme focussing on women's voices and women's lives – often including discussions around gender and psychology.

[Bad People](#) – A podcast about murder, crime and humanity's dark side.

[A Life Scientific](#) – A BBC radio programme about the lives of scientists including famous psychologists and psychiatrists.

[More or Less](#) – A BBC radio programme focussing on data and research.

[Thinking Allowed](#) – A BBC radio programme which focusses mainly on sociological understanding but could still be useful for some psychology topics.

Films

12 Angry Men

A jury deliberates behind closed doors on the fate of someone accused of murder. One lone dissenter within the jury pleads a compelling case to convince the other eleven jurors that

this is not a clear-cut case, unveiling and challenging prejudices and preconceptions as they arise in the debate.

The Experimenter

Based on the true story of Stanley Milgram's academic investigations on obedience to authority at Yale University during the 1960s. Shows simulated and archived footage of his original experiment.

A Beautiful Mind

The film follows the life of John Forbes Nash, a maths genius, who suffers from a severe mental illness, the symptoms of which are consistent with schizophrenia. As the story progresses, the difficulties of coping are portrayed alongside the importance of having social support in dealing with the disorder.

Sybil

A young woman whose childhood was so harrowing to her that she developed sixteen different personalities is treated by a doctor.

One Flew Over the Cuckoo's Nest

This film shows the disturbing reality of early mental health care including the use of electro-convulsive therapy alongside talking and group therapy.