PERSONAL DEVELOPMENT – CWEST

INTRODUCTION
CWEST is a programme of learning using the guidelines set by the National Healthy Schools Standard. It includes those aspects of school life that contribute to the process of growing up, getting on with other people, reducing or alleviating risk, the formation of values and the preparation of the individual for responsibility in adult life. The themes for CWEST are 'Being Healthy,' 'Staying Safe,' 'Enjoying and Achieving in Life,' 'Making a Positive Contribution to the Community' and 'Ensuring you do your best in all roles in society along your passage through life'.

The course will be integrated in mainstream subjects as well as having focused events in tutor time, themed days and assemblies.

WHAT WILL I LEARN?
Students learn about themselves and others, and to make decisions which are both personally satisfying and socially constructive. Students will be encouraged to be sensitive to their environment and to the beliefs and behaviour of others. Students will also develop positive attitudes towards learning in its widest sense and to support the learning across the whole curriculum.

Issues and themes which all students will study include: mental and physical health education; social development; study skills, self-assessment and action planning; careers guidance; money matters and sexual health. Other topics including democracy and social issues will be studied.

ENTRY REQUIREMENTS
There are no entry requirements for CWEST. All students in all Key Stages will study the topics.

HOW WILL I BE ASSESSED?
Assessment will take place through student self-assessment as well as peer assessment. Students will also be assessed through the mainstream subjects in which the topics are taught. Students will keep a portfolio of printed material and notes from issues brought up in tutor time and assemblies.

FURTHER INFORMATION
For further information please contact Mr Dunbar, CWEST Co-ordinator.